



Purpose of Role

Central to the Adrenalites program is the children and leaders sharing a meal together. An Adrenalites kitchen helper assists the Adrenalites cooks in either the plating/serving of the dinner or the task of washing dishes and cleaning the kitchen following dinner at Adrenalites.

The role in practice

- The first helper arrives at 5:30pm to help the Adrenalites Cooks with tasks such as chopping salad vegetables, plating and serving the dinner. They can leave once the dinner is served at 6:30pm.
- The second helper arrives at 6:30pm to work along-side the Adrenalites cooks in washing dishes, and cleaning the kitchen (wiping benches, emptying the dishwasher and emptying garbage bins) following the dinner. This role is usually completed by 7:30pm.

Required training:

- New helpers will be rostered with an experienced cook/helper to provide on the job instruction and training.

Commitment:

- This is a rostered position. Adrenalites kitchen helpers are rostered on once per school term.
- Adrenalites kitchen helpers are rostered through Elvanto. You may submit unavailability in advance and/or organize to swap with someone else on the roster if you need to make a change.

What to do next:

You will be contacted by the Adrenalites Dinner Team Leader.