



Purpose of Role

Providing meals to those in need or crisis shows love for one another and gives practical support when it is required.

The role in practice

- Responding to requests (email) from the Congregational Meals Ministry Team Leader to provide a meal for a person or family. Our team leaders use an online tool called 'Take them a Meal'.
- Select a date on the **takethemameal.com** link to provide a meal, noting the number of people, any allergies or intolerances, the delivery instructions and any other notes the team leader may have made.
- Prepare the meal and make contact with the person you are delivering it to. The meal may be fresh or frozen, homemade or purchased.
- Other options include:
 - Order takeaway to be delivered
 - Pick up a takeaway order and deliver it
 - Purchase frozen meals from the supermarket
 - Provide a frozen meal you have previously prepared
- Deliver the meal, preferably in containers that do not need to be returned to you.
- There will also be the option of participating in a bulk cooking session for frozen meals to be stored at the OEC Ministry Centre.

Required training:

- Nil
- Frequently, we are providing meals for people whose health is compromised. You will be provided with some guidelines to ensure you protect them (and you) from any further infection as far as is possible.

Commitment:

- As needed, and as available
- Choose how often you serve by taking up or declining requests



Meals Ministry

- For the bulk cooking session, safe food handling training will be required

What to do next:

You will be contacted by the Congregational Meals Ministry Team Leader when the next meals roster is set up.

For the bulk cooking session – you will be contacted when this is planned.